

From Malga Lunga to the slopes of Mount Sparavera

Road access from Bergamo:

Gandino (Valle Seriana), Valpiana, Malga Lunga
Km. 30

Start of excursion:

Malga Lunga (1236 m.)

Travelling time:

2^h 30' (a/r)

Height difference:

96 m.

Difficulties:

AE   

Recommended period:

April to october

Water on the route:

YES

Rest stop:

Malga Lunga

Manager's address:

Idilio Rossi Tel: 347 4803713

Topographic map:

IGM F. ° 34 IV N.O. Lovere

Geographical coordinates:

45,8206° N, 9,9813° E

Malga Lunga: a rustic hamlet with a long portico opening onto vast pastures. Situated at an altitude of 1236 m, it enjoys a wide panorama of the Bossico plateau, Val Cavallina and Valle Borlezza. Reduced to ruins after the tragic events of November 1944, the Malga Lunga was rebuilt on the initiative of former Garibaldi partisans and dedicated to the memory of the "13 Martyrs of Lovere" and to the Fallen of the Resistance. A small room houses the Museum where relics and documents of the 53rd Garibaldi Brigade that operated in the area between 1943 and 1945 are collected. Before the town of Gandino, following the signs, take the road that, passing through Valpiana, a beautiful locality where there are a few houses, continues on to Malga Lunga. From Gandino it is about 10 kilometres of asphalted but rather narrow road, with steep sections and numerous hairpin bends; only the last 200 metres of the road are unpaved. It is possible to park, equipped with a 'scratch and park' at the side of the road or on an open space 500 metres from the malga.



It is easy to reach the malga by following the asphalt road that leads to a fork with a signpost.



The malga has a reserved parking area for people with disabilities.



The excursion starts from the malga following a cart track (C.A.I. 547) which, heading south-west, enters the wood, skirting the slopes of Monte Palandone and Monte Grione and crosses green hollows surrounded by thick fir woods.



We walk along the agro-sylvo-pastoral track.



Along the way we meet a house on the left.



Further on, a hanging hut appears.



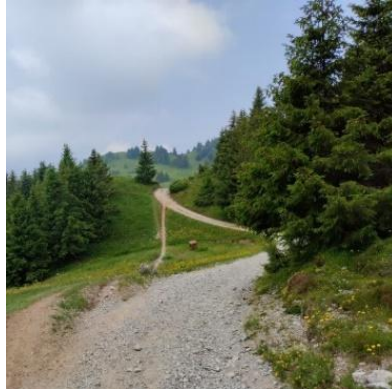
We continue along an uphill stretch, full of stones and tree roots, which then becomes flat and dirt and then a continuous up and downhill stretch.



The path is easily passable.



Now the section of the path changes in gradient and surface.



The path now becomes pleasant again, with views that cheer us up.



A signpost appears on our right.

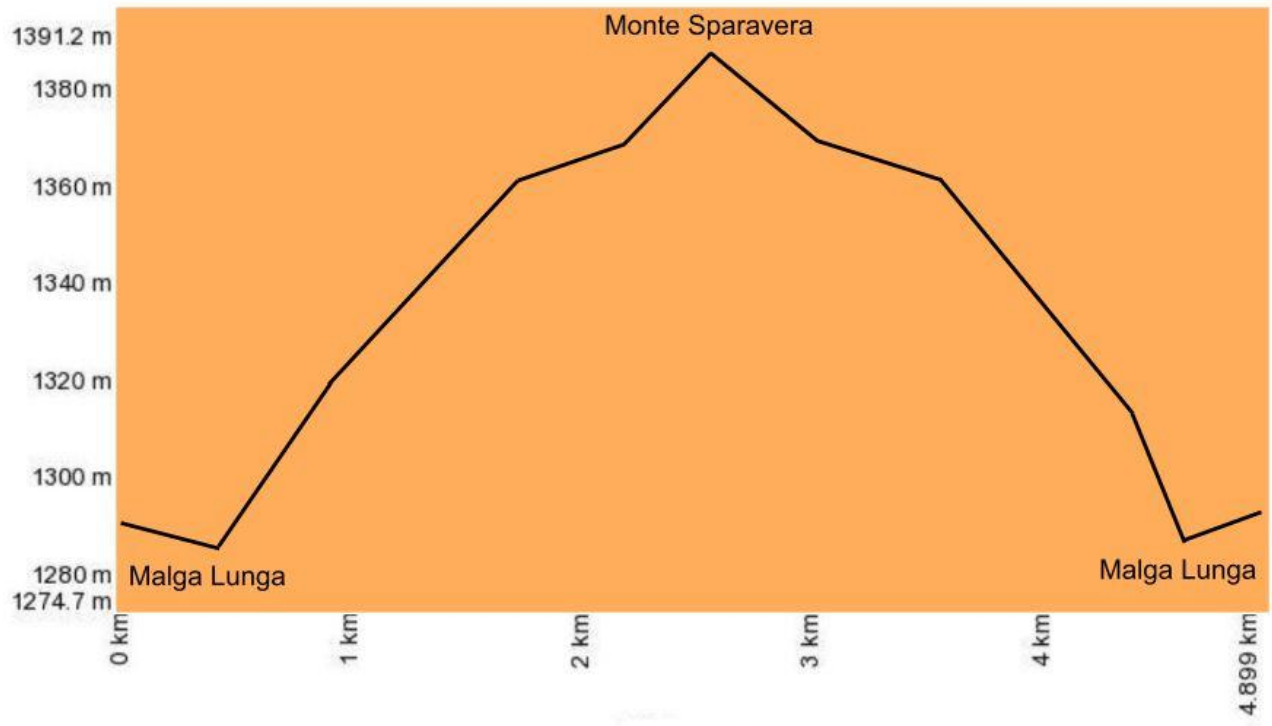


Having reached a puddle of water, the wood, now more sparse, leaves the view of Val Cavallina free, and a little further on we pass a saddle.



Clearly visible, beyond the final saddle, is the rounded peak of Monte Sparavera (1369 m.), which we reach, climbing the easy slope, in about 15 minutes from the waterhole. The view from the summit is beautiful and sweeps over Lake Endine below, Lake Iseo and the Corna dei Trentapassi, Mount Guglielmo, Presolana and the Orobic Alps. It is an ideal place to stop and observe the panorama, but also to have a snack before descending to the small lake and returning to Malga Lunga.

Altimetry



Route Map

